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'Learning at its heart'

BRETFORTON
VILLAGE SCHOOL
NEW STREET
BRETFORTON
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Dealing with Head Lice

Monday 11th February 2019

Dear Parents,

As you will be aware, we have had several outbreaks of head lice in school since Christmas. Whilst on the one hand, this is very common and almost impossible to avoid, it can be irritating for children and can make it more difficult for them to concentrate in school. The most recent NHS advice is as follows –

Follow the simple CHECK, TREAT, COMPLETE routine below to ensure you are doing your bit to keep head lice outbreaks to a minimum.

CHECK

- Your child's hair once a week.
- Use a proper detection comb – with teeth no more than 0.3mm apart to trap head lice and white in colour so they can be easily identified.
- If you find live lice, consult a pharmacist for treatment advice.
- If head lice are spotted, take a close look at all the family, including yourself and ask close family and friends to check as well.

TREAT

- Only treat if live lice are identified
- Use a clinically proven treatment, ideally with a physical mode of action to which lice are very unlikely to build a resistance.
- Leave the treatment on for the recommended time for maximum effect – leaving it on for longer will not make it more effective.

COMPLETE

- Repeat the treatment for a second time seven days after the first to kill any lice that may hatch from eggs during that time – if the pack instructions specify that a second application is required
- Check that all head lice have gone within two to three days of the final application of head lice treatment to complete the process.
- Continue to check for head lice on a regular, weekly basis.

For further information on head lice see your pharmacist or visit www.onceaweektakeapeek.com.





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You can also obtain a special nit comb from your GP on prescription; this is a very good way to make sure that head lice are dealt with quickly. If you do not pay for prescriptions, this would be free of charge. Please contact your GP's surgery about this.

Yours sincerely,

Mr Kevin Riley

Head of School

