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*'Learning at its heart'*

## Forest School – Muddy Monday for Oak Class

19<sup>th</sup> December 2018

Dear Parents/Carers,

Every Monday afternoon, the Oak class will spend time taking part in outdoor learning in the forest. This will take place in our school grounds and involves activities that promotes an understanding of the natural environment, working co-operatively with their peers, developing their communication and independence skills. Many of the activities will link in with their learning taking place in the classroom.

Our Muddy Monday sessions are with Miss Ellis and Mrs Glass and the first one will be on **Monday 14<sup>th</sup> January**. Your child will need to bring with them appropriate clothing for the forest in a named bag every Monday. The sessions are in the afternoon, so they will come home in their forest clothes with their uniform in their bag.

Your child will need to bring:

- Long sleeved top and jumper
- Full length trousers/leggings
- Socks
- Waterproof trousers
- Waterproof coat
- Wellington boots in a separate named bag



These clothes, which cover their arms and legs, reduce the risk of any cuts or stings whilst in the forest, keeping the children safe.

Please send in warm clothes and extra layers including hats, gloves and thick socks as we will be going out in all weathers.

The children will be getting muddy so please only send clothes that can get messy. Please can you also make sure we have up to date allergy and medical information that may be relevant to us whilst in the forest.

The children enjoy learning outside and have an exciting time. If you do have any questions, please feel free to talk to me.

Yours sincerely,

Miss J Ellis

